

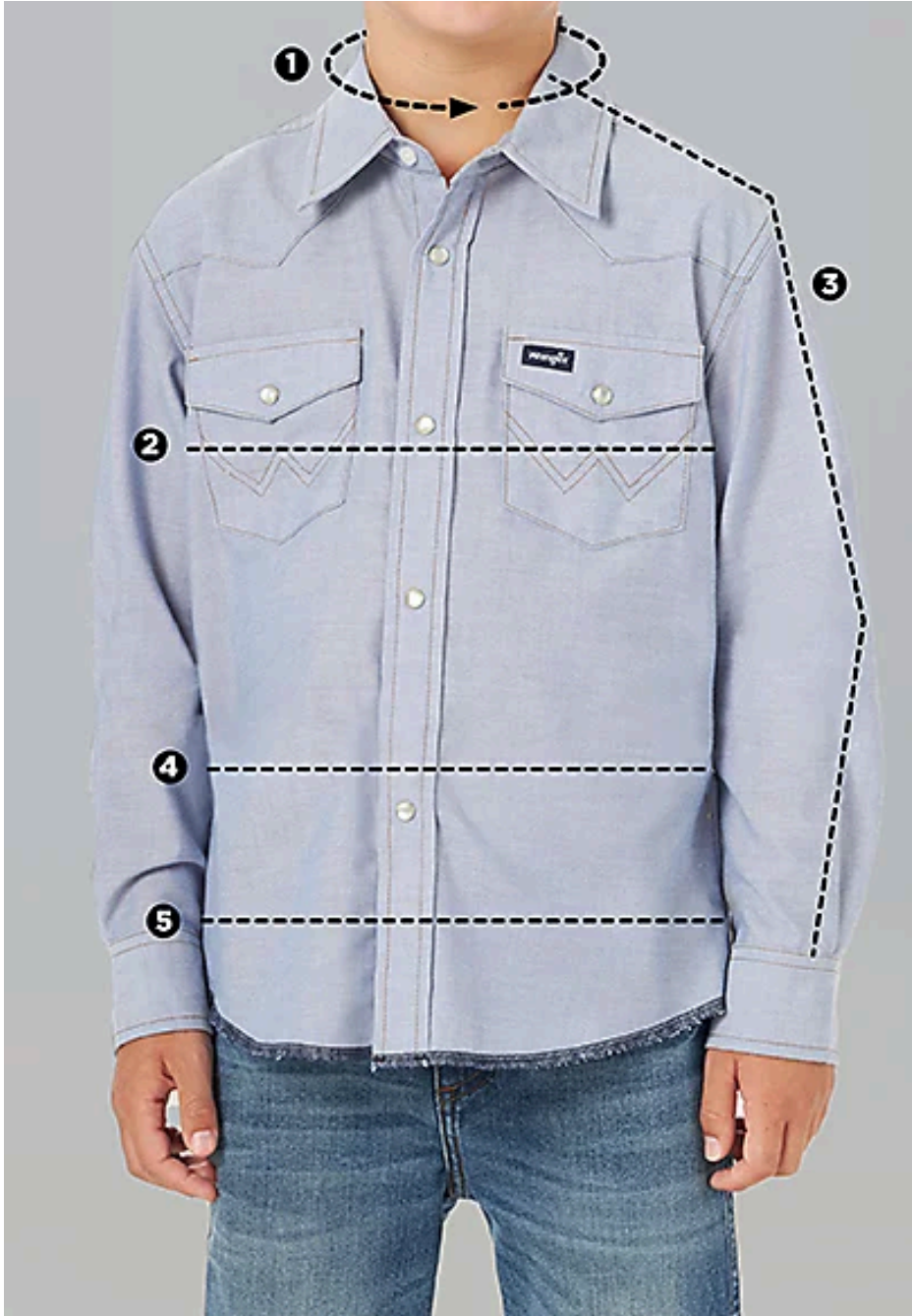
All measurements listed in inches

Not all products are available in all sizes.

ALPHA	SIZE	WEIGHT (LBS)	HEIGHT	WAIST	HIP	NECK	CHEST	SLEEVE
<b>XXS</b>	2T	29-31	33-35	17½-19¾	19¾-21½	10-11	20-22	15½-16¾
	3T	31-34	35-38	18-20½	20½-22½	10-11	20-22	15½-16¾
<b>XS</b>	4	30-36	40-42	21½-23	22½-24	10½-11½	22-24	19¾-20¾
	4	30-36	40-42	19½-21	20½-22	10½-11½	22-24	19¾-20¾
	5	36-41	43-45	22-23½	23½-25	10½-11½	22-24	19¾-20¾
	5	36-41	43-45	20-21½	21½-23	10½-11½	22-24	19¾-20¾
<b>S</b>	6	40-45	46-48	22½-24	24½-26	11½-12½	24-26	21½-22½
	6	40-45	46-48	20½-22	22½-24	11½-12½	24-26	21½-22½
	7	49-55	48-51	23-24½	26-27½	11½-12½	24-26	21½-22½
	7	49-55	48-51	21-22½	24-25½	11½-12½	24-26	21½-22½
<b>M</b>	8	53-65	51-53	24-25½	27-28½	12-13	26-28	23½-25
	8	53-65	51-53	22-23½	25-26½	12-13	26-28	23½-25
	8	53-65	59-51	27-28½	29½-31	12-13	26-28	23½-25
	9	51-53	51-53	24½-26	27½-29	12-13	26-28	23½-25
	9	51-53	51-53	22½-24	26-27½	12-13	26-28	23½-25

ALPHA	SIZE	WEIGHT (LBS)	HEIGHT	WAIST	HIP	NECK	CHEST	SLEEVE
<b>L</b>	10	65-78	54-57	25-26½	28½-30	13-14	28-30	26-27½
	10	65-78	54-57	23-24½	26½-28	13-14	28-30	26-27½
	10	65-81	53-55	28½-30	31-32½	13-14	28-30	26-27½
	11	70-87	56-58	25½-27	29-30½	13-14	28-30	26-27½
	11	70-87	56-58	23½-25	27½-29	13-14	28-30	26-27½
	12	77-95	57-59	26-27½	30-31½	13-14	28-30	26-27½
	12	77-95	57-59	24-25½	28-29½	13-14	28-30	26-27½
	12	77-95	56-58	30-31½	32½-34	13-14	28-30	26-27½
<b>XL</b>	14	90-108	60-63	27½-29	31½-33	14-15	32-34	29-30½
	14	90-108	60-63	25½-27	29½-31	14-15	32-34	29-30½
	14	90-108	59-61	31½-33	34-35½	14-15	32-34	29-30½
	16	105-118	63-65	29-30½	33-34½	14-15	32-34	29-30½
	16	105-118	63-65	27-28½	31-32½	14-15	32-34	29-30½
	16	105-118	62-64	33-34½	35½-37	14-15	32-34	29-30½
<b>XXL</b>	18	116-130	66-68	30½-32	34½-36	15-16	34-36	31-32½
	18	116-130	66-68	28½-30	32½-34	15-16	34-36	31-32½
	18	116-130	65-67	34½-36	35½-37	15-16	34-36	31-32½
	20	127-142	69-71	32-33½	36-37½	15-16	34-36	31-32½
	20	127-142	69-71	30-31½	34-35½	15-16	34-36	31-32½
	20	127-142	68-70	36-37½	38½-40	15-16	34-36	31-32½

## HOW TO MEASURE



**TIPS:** If you don't have a measuring tape, use a piece of string and hold it alongside a ruler. For the best fit, we recommend you measure without clothing. If in between sizes, size up for growing child.

### 1 NECK

Measure with the tape placed around the base of the neck and add  $\frac{1}{4}$ " to the measurement. Round up to the closest  $\frac{1}{2}$ " neck size.

### 2 CHEST

Measure around your upper body just under arms, across shoulder blades while holding tape measure firm and level.

### 3 SLEEVE

With arm straight next to the body, measure from the shoulder bone to the wrist bone.

### 4 WAIST

Measure your waist where you normally wear your pants (Subtract 1" if you're measuring over clothes).

### 5 HIPS

Stand with heels together and measure around the fullest point of your hips, keeping the tape parallel to the floor.