

All measurements listed in inches

Size	EU	Junior	Misses	Chest	Neck	Sleeve	Waist	Hip	Thigh
XXS	24	00	00	29½-31½	13¼-13½	22¾	25-25½	33½-34	19-19¼
XS	25	0	0	31½-33½	13¾-14	22¾	26-26½	34½-35	19¾-19¾
XS	26	1	2	31½-33½	13¾-14	22¾	27-27½	35½-36	20¼-20½
S	27	3	4	33½-35½	14¼-14½	22¾	28-28½	36½-37	20¾-21¼
S	28	5	6	33½-35½	14¼-14½	22¾	29-29½	37½-38	21½-21¾
M	29	7	8	35½-37½	14¾-15	22¾	30-30½	38½-39	22¼-22¾
M	30	9	10	35½-37½	14¾-15	22¾	31-31½	39½-40	22¾-23
L	31	11	12	37½-40½	15¼-15½	22¾	32-33½	40½-41½	23¾-23¾
L	32	13	14	37½-40½	15¼-15½	22¾	33½-34½	42-43	24½-24¾
XL	33	15	16	40½-44	15¾-16¼	23	35-36¾	43½-44½	25¾-25¾
XL	34	17	18	40½-44	15¾-16¼	23	36¾-38½	45-46½	26¼-26½
XXL	35	19	20	44½-46	16½-18	23	39-40¾	47-48½	27¼-27¾
XXXL	36	22W	22W	46½-49½	17¾-19	23¼	41¼-43	49-50½	27½-28

TIPS: If you don't have a measuring tape, use a piece of string and hold it alongside a ruler. For the best fit, we recommend you measure without clothing on.

1 NECK

Measure with the tape placed around the base of the neck.

2 CHEST

Measure around the fullest part, place the tape close under the arms and ensure the tape is flat across the back.

3 SLEEVE

With arm straight next to the body, measure from the shoulder bone to the wrist bone.

4 WAIST

Measure around your waist at the narrowest point.

5 HIPS

Stand with heels together and measure around the fullest point of your hips.

6 THIGH

Measure around your thigh, approximately one inch below the crotch.

7 INSEAM