Tops Size Chart

RECOMMENDED SIZE	WAIST	INSEAM
SMALL	34 - 36	33
MEDIUM	38 - 40	34
LARGE	42 - 46	35
XL	44 - 48	36
2XL	50 - 52	37
3XL	54 - 56	37½
4XL	58 - 60	38

Units are expressed in inches and reflect general body dimensions. Measurements are approximate.

How to Measure

Note: For best results measure over your undergarments. Use a cloth measuring tape.



Chest:

Measure just under your arms and across your shoulder blades, holding the tape firm and level. If your chest falls between sizes, order the next size up.

Hip/Seat:

Measure the fullest point between your natural waist and crotch.

Natural Waist:

Bend side to side and find the natural bend in your body; this is your natural waist. **Note:** It may not be the smallest point.

Inseam:

Measure from your crotch to the desired length on body. You may also measure pants that you currently own and like. Lay the garment flat and smooth out. Measure on the front from the crotch point along the seam to the hem for the inseam length..

Bottoms Size Chart

RECOMMENDED SIZE	WAIST	INSEAM
SMALL	28 - 30	31½
MEDIUM	32 - 34	32
LARGE	36 - 38	32½
XL	40 - 42	33
2XL	44 - 46	33½
3XL	48 - 50	33½
4XL	52 - 54	33½

Units are expressed in inches and reflect general body dimensions. Measurements are approximate.