

	WEIGHT (LBS)	HEIGHT (INCHES)
§	7.0 - 10.0	UP TO 24.0
§	10.0 - 13.0	24.0 - 27.0
§	13.0 - 17.0	27.0 - 29.0
§	17.0 - 22.0	29.0 - 30.5
§	22.0 - 25.0	30.5 - 33.0
§	25.0 - 28.0	33.0 - 35.0

Child

SIZE	WEIGHT (LBS)	HEIGHT (INCHE)
2T	25.0 - 28.0	33.0 - 35.0
3T	29.0 - 33.0	35.5 - 38.0
4T/4	34.0 - 38.0	38.0 - 41.0
5	39.0 - 44.0	41.0 - 44.0
6	45.0 - 49.0	44.0 - 46.0
6X-7	50.0 - 54.0	46.5 - 48.5

	BOTTOMS	WEIGHT (LBS)	HEIGHT (INCHES)
	8	55.0 - 60.0	48.5 - 52.0
	10	60.0 - 74.0	52.0 - 55.5
l	12	74.0 - 88.0	55.5 - 58.5
	14	88.0 - 101.0	58.50- 61.5
	16	101.0 - 116.0	61.5 - 64.0
	18	117.0 - 124.0	64.0 - 66.5
	20	125.0 - 138.0	66.5 - 69.0

Girls

TOPS	BOTTOMS	WEIGHT (LBS)	HEIGHT (INC)
XS	7	55.0 - 60.0	48.5 - 50.
S	8	60.0 - 74.0	55.5 - 52.
M	10	74.0 - 88.0	52.5 - 55.
L	12	88.0 - 101.0	55.0 - 58.
XL	14	101.0 - 116.0	55.0 - 61.

Measure

best results measure over your undergarments. Use a suring tape.

ust under your arms and across your shoulder blades, e tape firm and level. If your chest falls between sizes, next size up.

Waist:

to side and find the natural bend in your body; this is
al waist. **Note:** It may not be the smallest point.
